

ALLERGY INFORMATION: If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child.

Summer Silver Menu 2017

caterlink
feeding the imagination

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|------------------------|---|--|--|--|--|
| Week 1 | | | | | |
| 17 th April | Main Spaghetti Bolognese | Turkey Stir Fry | Roast Chicken with Stuffing, Roast Potatoes and Gravy | Cottage Pie with Gravy | Fishwich with Chipped Potatoes, Tomato Sauce |
| 8 th May | Vegetarian Vegetarian Bolognese (v) | Macaroni Cheese (v) | Mixed Vegetable Loaf with Roast Potatoes and Gravy (v) | Shepherdess Pie with Gravy (v) | Spinach & Tomato Quiche with Chipped Potatoes (v) |
| 5 th June | 3 rd Option Jacket Potato with a Choice of Filling (v) | Vegetable Risotto (v) | Vegetable Pasty with Roast Potatoes and Gravy (v) | Creamy Mushroom Pasta (v) | Vegetable Enchilada with Chipped Potatoes (v) |
| 26 th July | Vegetables Garden Peas & Carrots | Roasted Summer Vegetables & Broccoli | Cauliflower & Cabbage | Carrots & Green beans | Sweetcorn & Baked Beans |
| 17 th July | Dessert Chocolate & Beetroot Brownie with Ice Cream | Low Sugar Apple and Berry Strudel with Custard | Fruit Trifle | Wholemeal Banana Sponge with Custard | Fruit Jelly & Ice Cream |
| Week 2 | | | | | |
| 24 th April | Main Macaroni Pastitsio with Garlic Bread | Jerk Chicken with Rice | Roast Turkey with Roast Potatoes and Gravy | Beef Lasagne | Battered Fish with Chipped Potatoes, Tomato Sauce |
| 15 th May | Vegetarian Wholemeal Cheese & Tomato Quiche with Baby New Potatoes (v) | Lentil and Sweet Potato Curry with Rice (v) | Vegetable and Leek Pie and Gravy (v) | Vegetable Lasagne (v) | Cheese and Tomato Pizza with Chipped Potatoes (v) |
| 12 th June | 3 rd Option Broccoli Pasta Bake (v) | Vegetable Fajitas with Rice (v) | Cheese and Potato Whirls with Roast Potatoes (v) | Vegetable Stuffed Jacket Potato (v) | Red Pepper & Cheese Frittata with Chipped Potatoes (v) |
| 3 rd July | Vegetables Garden Peas & Carrots | Carrots & Broccoli | Cauliflower & Garden Peas | Roasted Summer Vegetables & Sweetcorn | Baked Beans & Garden Peas |
| | Dessert Iced Fruit Smoothie | Carrot & Courgette Cake with Custard | Fruit Jelly and Ice Cream | Cucumber and lemon Cake with Lemon Custard | Cheese, apple and Biscuits |
| Week 3 | | | | | |
| 1 st May | Main Meaty Pizza with Cajun Spiced Wedges | BBQ Chicken with Rice | Roast (as advertised), Roast Potatoes and Gravy | Chicken and Leek Pie with Creamed Potatoes and Gravy | Fish Fingers with Chipped Potatoes, Tomato Sauce |
| 22 nd May | Vegetarian Cheese and Tomato Pizza with Cajun Spiced Wedges (v) | Sweet & Sour Quorn with Rice (v) | Potato & Courgette Layer Bake (v) | Creamy Vegetable Pie with Creamed Potatoes and Gravy (v) | Bean & Lentil Burger with Chipped Potatoes (v) |
| 19 th June | 3 rd Option Pasta Basilica (v) | Salmon Pasta Bake | Vegetable Wellington with Roast Potatoes and Gravy (v) | Jacket Potato with a Choice of Filling (v) | Spanish Omelette with Chipped Potatoes (v) |
| 10 th July | Vegetables Sweetcorn & Baked Beans | Cauliflower & Broccoli | Carrots & Garden Peas | Roasted Summer Vegetables & Carrots | Garden Peas & Baked Beans |
| | Dessert Iced Fruit Smoothie | Lemon Drizzle Cake with Lemon Custard | Fruit Trifle | Chocolate and Mandarin Sponge with Chocolate Sauce | Fruit Jelly with Ice Cream |



Available Daily
Bread freshly baked on site daily
Daily salad selection
Fresh fruit and yoghurt